



Identity Health Check

1. When was the last time you checked your credit report?

Past year (3 pts) _____

Past 2 years (2 pts) _____

Not sure or never (0 pts) _____

2. What personal information have you posted on your social network profile?

Name (2 pts) _____

Name, with partial Date of Birth (1 pt) _____

Name, with Date of Birth, with privacy setting set to "Friends Only" (0 pts) _____

Date of Birth, with no privacy setting (-2 pts) _____

3. How often do you check your bank account and credit card statement accuracy?

Weekly, through online banking (3 pts) _____

Monthly, through online banking and/or paper statements (2 pts) _____

When I can (1 pt) _____

Never, I'm afraid of my balance (0 pts) _____

4. Do you regularly carry any of the following in your wallet or purse? (check all relevant)

SIN card, yes (-1 pt) _____ No (1 pt) _____

Birth certificate Yes (-1 pt) _____ No (1 pt) _____

3 or less credit cards Yes (1 pt) _____ No (-1 pt) _____

5. Regarding your computer habits, do you: (check all relevant)

Forward funny or cute emails to your friends (-1 pt) _____

Keep your virus protection up to date (3 pts) _____

Update working software (e.g. Microsoft Office) (3 pts) _____

Have a Mac computer without security protection (1 pt) _____

Have more than one password (2 pts) _____

6. When you dispose of an old computer do you:

Delete all emails and give it away? (0 pts) _____

Delete all files and give it away? (1 pt) _____

Drop it intact at the recycling centre or in garbage? (-1 pt) _____

Destroy the hard drive before doing anything with it? (3 pts) _____

7. When you receive an email from your bank regarding your account security, do you:

Click on the email link and provide all the personal information requested? (-3 pts) _____

Phone the number in the email and provide your account information? (-3 pts) _____

Delete the email, banks don't send emails to clients about problems? (3 pts) _____

Check your bank account through your regular way of accessing it? (1 pt) _____



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8. You receive a tip on an investment that guarantees a high return with no risk. What do you do?

- Invest quickly so you do not miss the opportunity (-3 pts) ___
- Tell your friends to invest so they can share in your good fortune (-2 pts) ___
- Check it out with your regular financial adviser (1 pt) ___
- Do your own research on the opportunity (2 pts) ___
- Check it out with the Alberta Securities Commission (3 pts) ___
- Ignore it because its probably too good to be true (2 pts) ___

9. You arrive at your bank machine to find it looks different. All but one ATM has a sign affixed to the ATM which states "Out of Order." You...

- Are happy because one ATM is open and you get your cash (-2 pts) ___
- Use the open machine to get cash, but make sure to hide your PIN (-1 pt) ___
- Leave and go to another ATM because you don't want to be skimmed (1 pt) ___
- Do not use the machine and contact the police and the bank immediately (3 pts) ___

10. A business asks for your personal information. Do you:

- Provide all they request because they must need it? (-1pt)
- Ask why they need it and provide only the information needed? (2 pts) ___

Rating Guide:

- 28 - 34 Points: You are very aware of identity theft risks. Congratulations, you have a strong heart.
- 21 - 27 Points: You are doing well but you need to take a look at some of your practices. Take a look at your exercise program.
- 13 - 20 Points: You are at risk at having your identity stolen. It's time for a check-up.
- 12 - 6 Points: You are at a very high risk. Call your doctor as soon as possible.
- 5 - 0 Points: You need to change things immediately. Check yourself into emergency now.

Alberta Community Crime Prevention Association

Alberta Motor Association

Alberta Securities Commission

Bank of Canada

Canada Post

Calgary Police Service

Edmonton Police Service

Medicine Hat Police Service

Office of the Information and Privacy Commissioner

Royal Canadian Mounted Police

Service Alberta

Solicitor General and Public Security

A MESSAGE FROM THE ALBERTA FRAUD PREVENTION COALITION

www.ama.ab.ca/fraud